HEALING SOUTH AFRICA

EMOTIONAL FREEDOM SURROGATE TAPPING FOR SOUTH AFRICA

KARATE CHOP POINT: TAP. REPEAT THE STATEMENT 3 TIMES.

“Even though as a nation we have felt separate from the Source that is flowing and abundant – we deeply and completely love and accept ourselves.”

WITH EACH STATEMENT OF RELEASE TAP A POINT WHILE SAYING THE STATEMENT – KEEP TAPPING AS YOU SAY THE STATEMENT (STARTING FROM THE TOP OF THE HEAD). SEE DIAGRAM BELOW IN THE REFERENCE SECTION.

REMEMBER THAT EVERYTIME YOU DO THIS PROCESS YOU ARE RELEASING FOR EVERY SOUTH AFRICAN AND ALSO FOR THE LAND – DIVINE MOTHER AS SOUTH AFRICA.

We release from the physical, mental, emotional, spiritual, etheric and auric body of South Africa: (tap TH)

All paradigms of poverty and scarcity that keep us enslaved in hunger (tap EB)

All paradigms that keep us enslaved in shame (tap SE)

All paradigms that keep us enslaved in humiliation (tap UN)

All feelings of vulnerability and hopelessness that keep us enslaved in inequality (tap UN)

All unprocessed generational grief that keeps us stuck in rage and anger (tap CH)

All patriarchal and colonising paradigms that keep us stuck and separate and enslaved in bondage (tap CB)

The deep trauma of abandonment that keep us separate and afraid (tap UA)
We further release:
The shadow of hunger that hangs over our lives (tap TH)
The shadow of trauma and PTSD that is written our bones (tap EB)
The shadow of unworthiness that stalks our land (tap SE)

We further release:
All generational and ancestral hunger and deprivation that is inherited through our DNA (tap UE)
All vulnerability and hopelessness in the face of the huge economic divide (tap UN)
All patterns of relating based on “them” vs “us” (tap CH)
All greed and corruption that devolves out of generations of disconnection and deprivation from the wisdom of the land (tap CB)
All forms of colonisation that encourages disconnection from indigenous wisdom and the flows of abundant possibility inherent to the lands of South Africa (tap UA)

We further release:
All racial tension and insidious factors that seek to destroy unity in South Africa (tap TH)
All corruptive forces in the government and in the infrastructure that widen the gap between those that have and those that have not (tap EB)
All divisive and corruptive forces that seek to destroy the Original Divine Blueprint for the lands called South Africa. (tap SE)

BREATHE DEEPLY FOR A FEW MINUTES – GIVE THANKS

When you are ready:
See below instructions to tapping in the Original Blueprint of Love for South Africa and Her people.
CALLING BACK THE SOUL OF SOUTH AFRICA: TAPPING IN THE LOVE AND THE TRUTH:

KARATE CHOP POINT: TAP. REPEAT THE STATEMENT 3 TIMES

“Even though as a nation we have been held back for generations – we now choose to embrace unity and the infinite potential of Love that we are connected to within”

We open all our cells and DNA to downloading the Truth and Love of who we are in our original blueprint (tap TH)

We open to the Presence of Love within every cell of our being (tap EB)

We open to the Presence of Truth within every cell of our being (tap SE)

We open to the Unity that we are in every cell of our being (tap UE)

We connect to all races across the board from our unified hearts (tap UN)

We open to the wisdom of the land of South Africa (tap CH)
We open to Her Love and Her grace and abundant potential for growth and expansion (tap CB)
We open to wisdom, we open to healing (tap UA)
Our bodies throb with the infinite Love She bestows upon us (tap TH)
We open to the Love vibrating in this very moment (tap EB)
We create our lives anew effortlessly from this Love (tap SE)
We feel fulfilment and satisfaction deep within our bones (tap UE)
We rise up from the ashes of the past (tap UN)
We create the future from this Vast Field of Love (tap CH CB UA)

**BREATHE AND GIVE THANKS**

![Image of a white lion]

**WHITE LION – SYMBOL OF EMBODIED CHRIST ENERGY**

“There is a broken ness  
Out which comes the unbroken  
A shattered ness  
Out of which blooms the unshatterable”
NOTE:

YOU DON’T NEED TO TAP ON BOTH SIDES – ONE SIDE WORKS JUST AS WELL.

I have used tapping very effectively to release shadow issues that keep replaying in my field.

This particular tapping described above is called surrogate tapping – where you tap for another and in this case a group of people/country.

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